

Curriculum Vitae  
**Marc S. Schulz**

Department of Psychology  
Bryn Mawr College  
101 North Merion Avenue  
Bryn Mawr, PA 19010-2899  
610-526-5039  
Email: mschulz@brynmawr.edu

**Current Position**

Professor, Department of Psychology, Bryn Mawr College, 2009-present  
(Assistant Professor, 1997-2003, Associate Professor, 2003-2009)  
*Rachel C. Hale Chair in the Sciences and Mathematics* (2013-2018)

Director of the Bryn Mawr College Data Science Program (2020-present)

Associate Director, [Harvard Study of Adult Development](#), Harvard University (2014-present).

Senior Scientific Advisor, [Lifespan Research Foundation](#), Boston, MA (2017-present).

Prior Institutional Leadership Roles:

Chair, Psychology Department (2014-2020)

Director, Graduate Ph.D. Program in Clinical Developmental Psychology (2005-2020)

**Education and Training**

**Academic:**

1994            University of California, Berkeley, Ph.D. in Clinical Psychology.  
1989            University of California, Berkeley, M.A. in Clinical Psychology.  
1984            Amherst College, B.A. in Sociology, Magna Cum Laude.

**Postdoctoral and Internship Training:**

1994-1996      Postdoctoral Fellow, Harvard Medical School (Judge Baker Children's Center)  
National Institute of Mental Health NRSA Fellowship for Postdoctoral Research,



Co-Investigator, Bryn Mawr College Center for Science in Society Research Grant for Work and Family Project, \$4,000, 2002-2004.

*Principal Investigator, Solomon Asch Center for Ethno-Political Conflict*, Research Grant, \$9,900, 2001-2003.

*National Institute for Mental Health*, RO1 Grant subcontract for research on psychopathology trajectories, \$9,000, 1999-2000.

*Principal Investigator, Penn National Commission Grant for Research on Reconciliation and Conflict Processes*, \$16,350, 1999.

Principal Investigator, John Templeton Foundation Grant on Forgiveness Processes approved by External Scientific Review Panel for \$200,000 in funding over three years (grant never awarded because of Foundation fundraising difficulties). *Anger and Forgiveness Processes in Close Relationships*, 1999.

Bryn Mawr College Faculty Research Grants, 1998 (\$3,700), 2001 (\$3,490)

National Institute of Mental Health National Research Service Award (NRSA) for Post-Graduate Research, 1994-1996.

Linda Pollin Fellowship in Clinical Health Psychology, 1993-1994.

Spring Foundation Dissertation Research Grant, 1991-92.

Sheldon J. Korchin Dissertation Prize in Clinical Psychology at the University of California, Berkeley, 1991.

Woodrow Wilson Foundation Spencer Dissertation-Year Fellowship, Alternate Selection, 1991.

Amherst College Memorial Fellowship for Graduate Study, 1986-1990.

Research Presentation Travel Grants, Univ,3- (he)4 (r)3(s)-11 (i)-2 (t)-2 (y of)3 ( C)-3 (a)4 (l)-2 (i)-2 (f)3 (or)3 (n





Schulz, M.S., & Waldinger, R.J. (2005). The value of pooling "naïve" expertise. *American Psychologist, 60*, 656-657.

Schulz, M.S., Waldinger, R.J., Hauser, S.T., & Allen, J.P. (2005). Adolescents' behavior in the presence of interparental hostility: Developmental and emotion regulatory influences. *Development and Psychopathology, 17*, 489-507.

Schulz, M.S., & Kerig, P.K. (2012). Looking Beyond Adolescence: Translating Basic Research into Clinical Practice. In P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.), *Adolescence and beyond: Family processes and development* (pp. 304-313). Oxford University Press.

Hauser, S.T., Allen, J.P., & Schulz, M.S. (2012). Exceptional Outcomes: Using Narratives and Family Observations to Understand Resilience. In P.K. Kerig, M.S. Schulz, & S.T. Hauser (Eds.), *Adolescence and beyond: Family processes and development* (pp. 231-248). Oxford University Press.

Schulz, M.S. & Waldinger, R.J. (2010). Capturing the Elusive: Studying Emotion Processes in Couple Relationships. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R.D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.

Schulz, M.S., Kerig, P.K., Pruett, M.K., & Parke, R.D. (2010). Introduction: Feathering the nest. In M.S. Schulz, M.S., M.K. Pruett, P.K. Kerig, & R. D. Parke (eds.). *Strengthening Couple Relationships for Optimal Child Development: Lessons from Research and Intervention*. Washington, DC: American Psychological Association.

Parke, R.D., Schulz, M.S., Pruett, M.K., & Kerig, P.K. (2010). eom(i)-2 (g, &)-2 ( R)-3 (. D)2 (. P)-4 (a)4 (r)3 (k

Cowan, P.A., Cowan, C.P., Schulz, M.S., & Heming, G. (1994). Prebirth to preschool family factors predicting children's adaptation to kindergarten. In R. Parke & S. Kellam (Eds.), *Exploring family relationships with other social contexts, Advances in Family Research, Vol. 4*



- conference of the Society for Personality and Social Psychology, San Francisco, CA (held virtually).
- Petrova, K., Nevarez, M.D., Rice, J., Waldinger, R.J., Preacher, K.J., & Schulz, M.S. (April, 2020). The origins and active ingredients of regulatory flexibility. Annual Conference of the Society for Affective Science, San Francisco, CA (held virtually).
- Tharaud, J.B., Petrova, K., Waldinger, R.J., & Schulz, M.S. (April, 2020). In search of memories past: core relational themes and affective experiences. Annual Conference of the Society for Affective Science, San Francisco, CA (held virtually).
- Petrova, K., Nevarez, M.D., Preacher, K.P., Waldinger, R.J., & Schulz, M.S. (April, 2019). Navigating common emotional challenges: The roles of mindfulness and emotional engagement. Society for Affective Science, Boston, MA.
- Rice, J., Andereg, V., Petrova, K., Schulz, M., & Waldinger, R. (April 2019). Whose report matters more?: Multiple perspectives on parental relationship satisfaction and their influence on offspring relationship satisfaction later in life. Harvard Psychiatry Day, Boston, MA.
- Petrova, K., Nevarez, M.D., Waldinger, R.J., Preacher, K.J., & Schulz, M.S. (March 2019) Navigating common emotional challenges: The roles of mindfulness and emotional engagement. Annual Conference of the Society for Affective Science, Boston, MA.
- Chad-Friedman, S., Morrill, M.I., Andereg, V., Schulz, M.S., Nevarez, M.D., & Waldinger, R.J. (2018, November). The enduring influence of early paternal care: Midlife relationships, mental health, and physical health outcomes, Annual Meeting of the Association for Behavioral and Cognitive Therapy, Washington, DC.
- Rice, J., Andereg, V., Petrova, K., Schulz, M.S., & Waldinger, R.J. (2018, November). Does my parents' marriage affect my own?: The impact of parental relationship satisfaction and stability on offspring relationship satisfaction and stability later in life. Annual Meeting of the Association for Behavioral and Cognitive Therapy. Washington, DC.
- Rice, J., Andereg, V., Schulz, M.S., Waldinger, R.J. (2018, March). Does my parents' marital satisfaction affect my own?: The impact of parental relationship satisfaction on offspring relationship satisfaction and stability later in life. Harvard Psychiatry Day. Boston, MA.
- Waldinger, R.J., & Schulz, M.S. (2017, May). Pathways to Late-Life Resilience: Childhood Nurturance, Midlife Emotion Regulation, and Late-Life Attachment. In Wai-Kai Hou (Chair), Psychological Resilience within Intimate Relationships: Processes and Mechanisms. Association for Psychological Science, Boston, MA.
- Brandão, T., Tavares, R., Schulz, M. S., & Matos, P. M. (2016, July). Exp( )TJ0ti-2 (Lt(e)]T]TJ0ti5( S)-4 ( (d)2



Paper presented at the biennial meeting of the European Society of Family Relations, Milan, Italy.

Scott, J.R. & Schulz, M.S. (2009, November). The how, what, and why of mindfulness: Motivation for observing and emotional well-being. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.

Waldinger RJ, Schulz MS, & Kensinger E. (October, 2009). Looking on the bright side of life: Marital functioning throughout adulthood as a predictor of the positivity effect in old age. Paper

presented at the biennial meetings of the Society for Research in Child Development, Boston, MA.

Schulz, M.S. (2006, November). Promoting healthy beginnings: A randomized controlled trial of a preventive intervention to preserve marital quality during the transition to parenthood. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.

Stein, J., Schulz, M.S., & Waldinger, R.J. (2006, November). Connecting heart and mind: Links among beliefs about the consequences of emotion, interpersonal intentions, and affective expression in marital interactions.

Waldinger, R.J., Moore, C., & Schulz, M.S. (2003, April). Childhood sexual abuse and the experience of adult intimacy: Links with attachment styles and self-

- Schulz, M.S. (1997, April). Daily linkages between parents' stressful work experiences and the quality of parent-child interactions. Paper presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.
- Schulz, M.S. (1997, April). Parental work conditions and children's school adaptation: Identifying familial moderators and pathways. Paper presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.
- Almeida, D. & Schulz, M.S. (1996, June). Examining the days of our lives: Using daily and within-

*Facilitating Couple Relationships during the Transition to Parenthood.* Invited talk at the Department of Psychology, University of Fribourg, Switzerland, June 1, 2016.

*Psychology of Mindfulness: What We Know and Don't Know,* Invited talk at the Institute for Religion and Science at Chestnut Hill College, PA, November 16, 2015

*Bryn Mawr's 360° Interdisciplinary Program,* Invited talk on Pedagogical Innovations to the Faculty Senate, The College of New Jersey, May 11, 2015.

Panelist, "The (Continuing) Evolution of (My) Mind: An Engagement with Dan Gottlieb." Bryn Mawr College, March 31, 2004.

In-studio guest for "Voices in the Family" show on Children and Responses to 9/11 on WHYY (National Public Radio), October 8, 2001.

Panelist for Theatre Ariel "Conversation" about Born Guilty. National Museum of American Jewish History, Philadelphia, PA, February 7, 2001.

Invited Colloquium Speaker, Department of Psychology, Lehigh University, April 14, 2000.

Invited Presentation, White Dog Café "Table Talks" Community Discussions, Philadelphia, PA. Presentation on Forgiveness in Marriages, February 7, 2000.

Psychology Department Colloquium, University of Delaware, November 15, 1999. Presentation on emotion regulation in family relationships.

Penn National Commission Annual Meetings, Philadelphia, PA, November 8, 1999. Presentation on anger and reconciliation processes.

Symposium on Forgiveness and Reconciliation, Harvard University, October 1999. Invited participant in workshops on forgiveness and family relationships.

Solomon Asch Center for Ethno-Political Conflict, University of Pennsylvania, July 1999. Presentation on forgiveness.

Howard Hughes Medical Institute Summer Research Program, Bryn Mawr College, June 1999. Presentation on the study of emotion in marriage.

## **Courses Taught**

Graduate: Multivariate Statistics, Developmental Psychopathology, Psychotherapy

Undergraduate: Abnormal Psychology, Emotion Research Seminar, Developmental Psychopathology, Psychology of Mindfulness, Identity under Pressure, Advanced Research Methods, Research Methods in Clinical Psychology, Advanced Statistics, Advanced Topics in Clinical Psychology, Advanced Data Science, Senior Seminar

## **Professional Experience**

Consultant, Boston Early Adversity and Mortality Study (BEAMS), RO1 grant funded by NIH National Institute on Aging (Lewina Lee and Daniel Mroczek, Co-PIs).



Steering Committee, National Academy of Sciences Workshop (Leveraging insights and approaches from social and affective neuroscience to promote adaptive aging). Sponsored by the National Institute on Aging. November 18-19, 2019, Washington, DC.





Consultant on Program Evaluation and Planning, Programs for Disadvantaged Youth, New York Foundation, New York, NY, 1983.

Staff Writer and Researcher, Public Agenda Foundation, New York, NY, 1982-1983

Community Organizer, N.Y. Public Interest Research Group's Citizens Alliance, 1981.

### **Supervision of Honors Theses, M.A. Theses and Ph.D. Dissertations**

#### Senior Theses (Director)

1. Jean McGloin (1999). Men and women: Who is more physiologically reactive in emotional situations?
2. Lauren Hellew (1999). Psychological and physiological correlates of shifting cognitive and emotional states.
3. Masumi Iida (2000). Beliefs about emotional expression in close relationships: A comparison of Japanese and Americans.
4. Jenifer Snavely (2000). Gender differences in negative emotional experience and expression.
5. Gretchen Holthaus (2000). Gender differences in negative emotional experience in close relationships.
6. Jen Doubile (2000). The role of interparental conflict in shaping perceptions of emotion. (Haverford Psychology major; co-director: Doug Davis).
7. Jen Faerber (2000). Biases in assessing emotional exp exp.?

25. Hannah Rossen (2015). Stomping on eggshells: Borderline personality features and negative affect regulation.
26. Jordan Dworkin (2015). Capturing emotional suppression as it naturally unfolds in couple interactions.
27. Jihan Liang (2016). Speech Dynamics of Marital Interactions.
28. Alex Kohn (2016). Interpersonal conflict and relationship satisfaction: How does the nature of personal reflection influence this connection?
29. Jieni Zhou (2017). Links between stressful events and the ebb and flow of marital satisfaction: Individual variability and the moderating role of childhood family environment.
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